Insurance Verification Worksheet

VERIFYING INSURANCE COVERAGE:

BEFORE YOUR APPOINTMENT
We are thrilled to have you join our patient community. Before your appointment, it's essential that you confirm your insurance coverage directly with your insurance company. This ensures that there are no surprises or complications when it comes to billing and payment for your visit. Here's what you'll need to do:

1. **Contact your insurance company:** You'll need to give them a call to confirm that you can be seen at our clinic and that the services we provide are covered under your plan.

2. **Specify the provider you'll be seeing:** When you speak with your insurance representative, make sure to mention both the provider you'll be seeing at our clinic and their supervising provider (Dr Maeghan Cook). You may also want to provide your insurance representative with the National Provider Identifier (NPI) of both your provider and their supervisor (Dr Maeghan Cook). An NPI is a unique identifier assigned to only healthcare providers, and it helps your insurance company accurately verify coverage.

Meaghan Cook, ND	| NPI: 156-889-9508	Supervising Provider
Megan Usher, ND	| NPI: 131-625-9120	
Ruth Jessie Edwards, ND	| NPI: 182-129-3085	
Jennifer Samson, ND	| NPI: 163-973-3801	
Mary Fu, ND	| NPI: 148-7129-524	
Macayla Richards	| NPI: 122-570-0149	

3. **Confirm coverage**: Ask your insurance company whether your chosen provider and/or their supervisor (Dr Maeghan Cook) are covered under your plan. This will help you understand any potential out-of-pocket expenses you may incur.

By taking these steps, you'll ensure a smoother experience during your visit to our clinic, and you'll have peace of mind knowing that your insurance coverage is confirmed in advance.

If you have any questions or need assistance with this process, please don't hesitate to reach out to our clinic staff! We're here to help you every step of the way.

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Questions for Insurance to Confirm Coverage

(Use this form when calling your insurance company to confirm your naturopathic and primary care coverage at Northwest Integrative Medicine)

Subscriber Name (name of policy holder): _____

Relationship to Subscriber: Self / Spouse / Child / Other

Subscriber's DOB: _____

Insurance Company/Plan Name: _____

Insurance Member ID#: _____

Group ID#: _____

1. Plan Details

- Coverage start date: _____
- Is my plan based on the calendar year (Jan–Dec)? ☐ Yes ☐ No
- If not, what is my plan year? _____

2. Naturopathic Coverage

- Are Naturopathic Doctors covered under my plan? ☐ Yes ☐ No
- Is Dr. _____ with NPI # _____ in-network? ☐ Yes ☐ No
    - If *Yes*: what is my copay per visit? _____
- Can the doctor serve as my Primary Care Provider (PCP)? ☐ Yes ☐ No
- Are preventive visits (annuals, well visits) covered with this provider? ☐ Yes ☐ No
- Are labs and imaging ordered by them covered? ☐ Yes ☐ No

3. Deductibles

Does my deductible need to be met before coverage starts? ☐ Yes ☐ No

Type	Annual Deductible	Amount Met So Far
In-Network	$_____	$_____
Out-of-Network	$_____	$_____

Labs

- Is Quest Diagnostics a covered lab? ☐ Yes ☐ No
- If not, which lab should I use (Kaiser, Legacy, etc.)? _____

5. Imaging

- Are the following imaging centers covered?
    - Rayus Radiology ☐ Yes ☐ No

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- Providence ☐ Yes ☐ No
- Legacy ☐ Yes ☐ No

6. Telemedicine

- Are telemedicine (video) visits covered? ☐ Yes ☐ No
- Are telephone-only visits covered? ☐ Yes ☐ No

Representative Information

- Name of insurance representative you spoke with: _____
- Date of call: _____
- Reference number for this call (if provided): _____

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NOTES ABOUT SPECIFIC INSURANCE CARRIERS:
There may be other specific requirements associated with your healthcare plan & it is up to you to know your benefits. These are the issues we have helped our patients navigate in the past but the rules in insurance coverage are constantly changing so this is not exhaustive.

In Network
NWIM providers are currently in network with plans from the following health insurance companies:

- Pacific Source
- MODA
- Regence (BCBS)
- Aetna
- HMA
- OHP (Medicaid)

Out of Network
NWIM providers are currently out of network with plans from these health insurance companies.

- First Choice
- United
- Cigna
- Kaiser
- Medicare

MODA/OHSU
For those employed by OHSU, you may pay less for labs & imaging performed at OHSU centers. Please let your provider know if you would like to have your orders sent to OHSU specific centers.

Oregon Health Plan (Medicaid)
NWIM providers are in network with four OHP plans. The remaining OHP plans are either accepted with a referral or cannot be taken at NWIM. Specifics are listed below:

In Network:

- OHP CareOregon
- OHP Open Card (OHP Plus)
- OHP Columbia Pacific CCO
- OHP Pacific Source Community Health Solutions

In Network (but requiring referral):

- OHP OHSU

Out of Network:

- OHP Kaiser
- OHP Providence

- OHP Trillium
- OHP Yamhill

Due to the constraints of OHP plans, patients with OHP plans that are not accepted at NWIM are unable to see our providers as 'Cash-Pay' patients. If you have a plan that our clinic is unable to accept, you can contact Oregon Health Plans or your designated CCO to request a change to an OHP plan.

Medicare
Medicare limits the type of medical providers their patients are allowed to see. These include MDs, DOs, NPs, PAs, and certain types of therapists including physical and occupational therapists and clinical social workers. Naturopaths (NDs) are still not covered under Medicare plans, whether primary or supplemental. We are happy to offer a 35% cash-pay discount to any patients over 65 who would like to receive care at our clinic as a cash-pay patient.